

Relationships between physical literacy and creativity'

Maude, P. (2014) in Pickard, A. and Maude, P. (eds)

| <u>Contributions of Creativity to Enhancing Physical Literacy</u> | <u>Attributes of Physical Literacy</u> | <u>Contributions of Physical Literacy to Enhancing Creativity</u> |
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| <p>Through tackling self-set as well as teacher-promoted creative challenges, learners can explore alternative aspects of movement vocabulary, enhance and evaluate creative experiences and thereby also gain further knowledge and understanding of physical competence</p> <p>Enabling creative learners to enhance their confidence, motivation and self-esteem through encouraging and supporting their playfulness, inquisitiveness, creative enquiry, experimentation, searching, failing and succeeding, provides increased depth to physical literacy</p> <p>Creative exploration of movement spaces, the texture of the environment, work surfaces and access to various levels, pathways, and directions of movement, enhances learners' physical literacy</p> <p>Working creatively alongside younger learners and peers as well as with older children and adults strengthens the ability to engage in social aspects of physical literacy, such as cooperation and competition</p> <p>Free, creative movement exploration of natural resources, man-made and manufactured equipment promotes extensive variety, proficiency and enrichment in the use of resources</p> | <p>Movement Attributes</p> <p>Physical Competence</p> <p>Knowledge</p> <p>Understanding</p> <p>Affective Attributes</p> <p>Confidence</p> <p>Motivation</p> <p>Self-esteem</p> <p>Environmental Attributes</p> <p>Environments - indoor and outdoor</p> <p>People</p> <p>Resources</p> | <p>Increasing movement vocabulary and enhancing skilful performance can expand potential for creative activity</p> <p>Through movement observation, through analysis of self and others and through studying movement, learners can bring greater knowledge to their creative endeavours</p> <p>Building increasing confidence engendered through skilful performance and familiarity with wide applications of movement, enhances intrinsic motivation and self-esteem generated through achievement and success</p> <p>Skilful exploration of a wide range of environments enables learners to apply related experience from one environment to another, thereby extending opportunities for the flowering of creativity</p> <p>Interacting comfortably in movement with younger learners and peers as well as with older children and adults can stimulate and strengthen the creative experience</p> <p>Having the ability to interact with a wide range of natural, man-made and manufactured resources, increases exploratory and creative opportunities</p> |